

ADVENTURE LEADERSHIP



Adventure
Leadership
Program
Summer 2018

Our Purpose

Our purpose is to build a community of inspired young outdoor enthusiasts who, as leaders, possess the tools, skills, and experience necessary to make sound decisions.

EXPERIENTIAL EDUCATION!



Our Program

At Miramont by Genesis, we love working with kids. As our kids become young adults, we want to continue to grow with them and challenge them. The Adventure Leadership Program gives us the opportunity to engage with older youth outside the walls of our health clubs! We learn about climbing at our indoor facility, and take these skills outside to local climbing areas. We hone our paddling skills on Horsetooth, take guided whitewater rafting trips on the Poudre, and learn how to go camping or take a self-supported backpacking expeditions.

We believe that dynamic wilderness experiences have the ability to change lives and leave lasting impressions. As facilitators, we love witnessing positive growth and changes in our participants, and we know that the power of their experience is more impactful than we ever could be. Our first priority is always safety. The activities that we enjoy do not come without risk, but we let our adventurers take on appropriate challenges when they're ready. An incredible thing happens when we educate kids about risks and what we do to manage them. They gain exposure to more complex decision-making and become empowered to tackle bigger obstacles while being capable of assessing risky situations in their own lives. We believe in the power of experiential learning, and deliver an experience that can help kids grow. We produce leaders who discover a greater sense of responsibility for themselves, their communities, and our planet.



Multi-Adventure Challenge (M.A.Ch.)

Ages 10 - 12 & Ages 12 - 14

This program is all about intense outdoor activity! We learn how to navigate up rocks, along trails, across flatwater, through whitewater, and even cooking in an outdoor Dutch Oven! Each of these weeks look a bit different, but we maintain a focus on enhancing outdoor leadership skills and discuss how they can be beneficial to our everyday lives.



Program Schedule

Session 1: June 11 - 15

Session 2: June 18 - 22

Session 3: June 25 - 29

Session 4: July 2 - 6

Session 5: July 9 - 13

Session 6: July 16 - 20

Session 7: July 23 - 27

Session 8: July 30 - August 3



Excursions

Ages 10 - 12 & Ages 12 - 14

For the blossoming outdoor enthusiasts, this week-long program is a great introduction! This program aims to foster a genuine excitement for playing outdoors and a love for the beautiful environment we live in. We will spend days hiking around the front range, playing at parks in Fort Collins and Loveland, embark on days full of nature activities, and will also have front country field trips to the Denver Zoo, Water World, and Elitch Gardens!

Program Schedule

Ages 10 - 12

- Session 1: June 11 - 15
- Session 2: June 18 - 22
- Session 3: June 25 - 29
- Session 4: July 2 - 6

- Session 5: July 9 - 13
- Session 6: July 16 - 20
- Session 7: July 23 - 27
- Session 8: July 30 - August 3

Ages 12 - 14

- Session 1: June 11 - 15
- Session 2: July 2 - 6



First Ascent

Ages 12 - 14

This program is made for our rock enthusiasts! We meet each climber where they're are at and aim to push their climbing levels through a focus on proper technique and strength conservation. We go WAY more in-depth with climbing and belaying skills, knot tying, and anchor building. Participants will also learn more about what goes into facilitating their own climbing experience and the systems that keep them safe!

Program Schedule

- Session 1: June 18 - 21
- Session 2: July 16 - 19



H2O YEAH!

Ages 12 - 14

As the name implies, this program is all about the water! Each day we explore a new water activity in Fort Collins and the surrounding areas. We will learn the ins and outs of paddle sports such as canoeing and stand-up paddle boarding, go tubing, have beach days, and set out on some fishing outings! If your outdoor enthusiast can't get enough of the water during the hot summer days, this program is for you.

Program Schedule

Session 1: June 25 - 29

Session 2: July 30 - August 3



Expedition 2.0 - Yurt Edition

Ages 12 - 14

An unforgettable experience for youth wishing to take backcountry living to the next level! Students will embark on eye-opening experiences that foster the sense of leadership within community while empowering the students' independence. Through learning how to navigate through the backcountry and cook on outdoor equipment, each camper will harness an understanding of their self-identity through working with their community of other students. To ensure the proper experience, we can provide certain gear essentials (backpacks, sleeping pads, and stoves) and teach all necessary skills.

Program Schedule

Session 1: July 10 - 12

Session 2: July 24 - 26



Testimonials

Hear what parents had to say...

"The overall program - outdoors all day, the skills taught, the instructors, the size of the group. Love all of it!"

"(My child) has been to a lot of camps and this one really stood out because of the counselors. It was obvious that they really engaged with each child. When I signed her up, she told me flat out there was no way she would do an overnight camp, but in the end, was successful and had a great time!"



Hear what participants had to say...

"Something new I learned about leadership is that sometimes you have to guide people and do the right thing so others can see what that looks like."

"From ALP I learned that I have lots of positivity in my self and I have self-control."

"I never thought that I could do what I did this week, like conquer my fear of heights and push myself past my personal limits."

"ALP is an energetic place to be!"



Program Pricing

Program	Member	Non-Member
M.A.Ch.	\$350	\$380
Excursions	\$325	\$352
First Ascent	\$240	\$260
H2O YEAH!	\$300	\$325
Expedition 2.0 - Yurt Edition	\$345	\$375

Required \$50 registration fee includes program t-shirt, water bottle, and hat.

For online registration and further info, please visit:
miramontlifestyle.com/adventure-leadership-program



Spencer Kaye, Adventure Leadership Director

970.829.8555

skaye@miramontlifestyle.com

miramontlifestyle.com